

# ANGEL WITNESS Book Launch

Crystal Burney

*St. Thomas— It was a time to celebrate this weekend for local residents Robert and Gail McNaughton. Family and friends gathered in Nairn at the homestead of Robert McNaughton's late grandmother to celebrate his 60th birthday. The day was filled with entertainment provided by the guests, including a few songs from the birthday man himself.*

*But the day's events held more than just a birthday party.*

*In honour of her husband's special day, Gail McNaughton chose this event to launch her latest book.*

*Angel Witness, McNaughton's fifth book, is a collection of spiritual poetry, angel photos, stories, doodle art and paintings done by both McNaughton herself and other artists.*

*McNaughton considers this book to be a continuation of her life's purpose. Writing has always played a role in her life but over the past ten years she says it's become more spiritual. "I see my writing as a gift to help others," McNaughton says. "First you heal yourself and then you teach others and heal them."*

*As part of the launch, McNaughton read two pieces from her book. "The Chance is Mine," which she dedicated to her husband, and "The Purple Gratitude Umbrella," dedicated to her*

*mother-in-law, who was out to enjoy the day.*

*McNaughton says the writing process is an accumulation of gathering material. "Anyone could write a book," she says. "Even if you don't think you can, you just have to start somewhere."*

*Creating Angel Witness began in mid-2009 when McNaughton chose an American publisher.*

The 250-page book takes the reader on a journey towards embracing the Angelic energy found within. Her use of photos and arts paired with poetry and prose provides an inspiring read. The book is available on [angelwitness.com](http://angelwitness.com) and [gailmcnaughton.com](http://gailmcnaughton.com)

